

# Vale of Glamorgan Walking Festival 2020



**Name of Walk:** Tour of the Physic Garden and Old Hall Gardens, Cowbridge

**Charge:** £3 per adult



**Walk Details:** Enjoy a gentle stroll around the gardens to learn about their history, development, medicine and nature in English and Welsh.

**Hospitality:** Many cafes etc. in Cowbridge.

## OVERVIEW

**Distance / terrain:** 1 Mile and fully accessible.

**Date:** Wednesday, 20th May 2020

**Timing: Start:** 10:30      **Return approx:** 12:00

**Leaders:** Rebecca Exley and Carys Wheelan

## JOINING

**Meet at:** The Cowbridge Physic Garden, Church Street, Cowbridge, CF71 7BB

**Map ref:** SS 993 746

**Bring:** Walking Shoes

**Restrictions:** No dogs or unaccompanied children.

## TRAVEL & PARKING

**Travel Directions:** Cowbridge is located off the A48 between Bridgend and Cardiff.

**Public Transport:** Buses from Bridgend, Cardiff, Talbot Green and Llantwit Major. Visit [www.traveline.cymru](http://www.traveline.cymru) for details.

**Free Parking:** There are a number of free car parks in Cowbridge.