

Vale of Glamorgan Walking Festival 2019



Name of Walk: Castle, Court and Wells

Walk Details: Starting and finishing in Cowbridge, this walk heads north and then west to pass the historic Llansannor Court and church. It continues westward through the rolling landscape of the Vale where in places you will have superb panoramic views. You will then visit Dr Salmon's Wells which first supplied water to local residents in C14. The route passes Penllyn Castle, an imposing edifice on a limestone ridge, then descends gently into Cowbridge.

Hospitality: There will be a refreshment stop mid-morning and lunch stop en-route. Post walk there are numerous refreshment facilities in Cowbridge itself.

OVERVIEW

Distance / terrain: 8 miles. Generally flat with a few hills, stiles and possibly a very muddy section. Some fields may have horses or cattle so no dogs.

Date: Saturday 25th May 2019

Timing: **Start:** 10:30am **Return approx:** 3:30pm

Leaders: Mike and Judy Holley (Vale of Glamorgan Ramblers) ☎ 07896 334789

JOINING

Meet at: Car park behind the Town Hall, Cowbridge, 21 High St. CF71 7AD

Map ref: OS Explorer 151 Grid ref. SS 996747

Bring: Walking shoes/boots, appropriate clothing to suit the conditions, food (packed lunch) and drink to cater for your needs.

Restrictions: No dogs.

TRAVEL & PARKING

Travel Directions: Cowbridge is well signposted off the A 48

Public Transport: X 2 bus from Cardiff or Bridgend. For further details visit www.traveline.cymru

Parking: At meeting place given above. If full, there should be parking available at the Cattle Market Car Park, The Butts, CF71 7AP

Parking fee: None