

Vale of Glamorgan Walking Festival 2020



Name of Walk: Castle, Court and Wells

Charge: £3

Walk Details: Starting and finishing in Cowbridge, this walk heads north and then west to pass the historic Llansannor Court and church. It continues westward through the rolling landscape of the Vale where in places you will have superb panoramic views. You will then visit Dr Salmon's Wells which first supplied water to local residents in C14. The route passes Penllyn Castle, an imposing edifice on a limestone ridge, then descends gently into Cowbridge.

Hospitality: There will be a refreshment stop mid-morning and lunch stop en-route. Post walk there are numerous refreshment facilities in Cowbridge itself.

OVERVIEW

Distance / terrain: Eight Miles

Date: Thursday 21st May

Timing: Start: 1030 **Return approx:** 1530

Leaders: Mike and Judy Holley

JOINING

Meet at: Town Hall Car Park, Cowbridge, CF71 7AD

Map ref: SS 996 747

Bring: Walking shoes/boots; appropriate clothing to suit the conditions and food (packed lunch) and drink to cater for your needs.

Restrictions: No dogs. There are a number of stiles on the route and animals in the fields.

TRAVEL & PARKING

Travel Directions: Cowbridge is well signposted off the A 48

Public Transport: X2 bus from Cardiff or Bridgend.

Parking: At meeting place given above. The car park is busy so allow enough time to find a space. If full, there should be parking available at the Cattle Market Car Park.

Parking fee: None